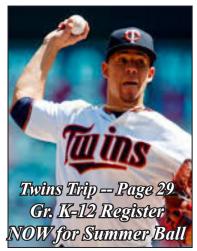


Volume 35 Issue 2

That's Community Ed!

listen

teach -









explore—

learn



Lifelong Learning for Everyone



Luverne School District #2184



Here in Luverne

Health Care Team

No matter your health needs, at Sanford Luverne we're committed to providing you with the care you deserve. We offer care for your whole family right here in Luverne.

- Judy Chesley, MD
- Stephan Chesley, MD
- Diane Kennedy, MD
- Myles Tieszen, MD, FACS
- Zach Nolz, MD

- Jennifer Thone, MD
- Austin Spronk, MD
- Nicole Woodley, MD, OB/GYN
- Jonathan Pap, CNP
- Katy Zogg, FNP-C

Call (507) 283-4476 to make an appointment today.





Table of Contents

ABE-GED-ESL	25
Alternative School	25
Baseball/Softball for Summer	14, 15
Calendar	31
Child Guide	8
Community Ed Classes	12 - 30
Community Events/Programs	31-39
Defensive Driving	
Driver Ed for Students	
Early Childhood Screening	6
ECFE	10-11
FamilyU School Age Care	6
Financial Assistance	8
Library	32
Minnesota West College Classes	22, 23
Office Hours/Policy/Building Key	4
Open Enrollment	
Preschool Programs	9-11, 35
Registration Forms	4
Sanford Health Classes/Activities	
Swimming Lessons	38, 39
Trips	29
Website/Facebook	5

Minnesota Open Enrollment

Pick up applications from the school district office. Student and family must meet with resident district staff to discuss reasons for leaving. The family must send one application per child to the nonresident district by January 15 for enrollment during the next school year. Once the application is accepted, families have until March 1 to make a final decision as to whether or not the student will attend the new district.

For information, contact the district office at Luverne Public Schools at 283-8088.

OPEN ENROLLMENT DEADLINE IS JANUARY 15.

Luverne Community Education Advisory Council

Karen Willers, Director Jon Schomacker, Summer Rec. Director Cindy Arends, Secretary

Carol McDonald Angela Ahrendt Kelsev Maeschen Keith Aanenson Mary Brown Dan Nath Molly Carbonneau Kyle Oldre Stacy DeBates Roz Ove Heidi Sehr Lisa Dinger Sara Hartquist Reva Sehr Calla Jarvie Lauren VerSteeg Jacqueline Johnson Codie Zeutenhorst Diane Kennedy

Community Education phone 283-4724/fax 283-2413 web site www.isd2184.net

Community Education Staff

Director
Summer Recreation Director
Secretary
Discovery Time Teacher
ECFE/Discovery Time Teacher
ECFE Parent Ed Teacher
ESL/GED/ABE Teacher
Early Childhood Assistant
Child Care Provider
FamilyU Coordinator
FamilyU Assistant
Birth - 3 years ECSN Teacher
3 - 5 years ECSN Teacher

**Elementary Staff

Registration and Participation Information

Preregistration (with payment) is required to complete your enrollment in class.

MAIL Community Education 709 N Kniss

Luverne MN 56156

IN PERSON

South Side of School Community Education Door Labeled #S4

DROP BOX

To the Left of the Community Education Door Labeled #S4 PHONE (507) 283-4724

FAX (507) 283-2413

*Payment in advance is required to secure your registration spot. A \$5.00 late fee will be applied if payment is not received prior to class.

- *Registering early is recommended, but at least 3 days in advance. Great classes are cancelled when everyone waits to the last minute to register.
- *If a Community Education class is cancelled due to low enrollment, fees are refunded. Refunds will be made if
 - the participant cancels at least 24 hours prior to class, unless there is a registration deadline. Full refunds will not always be possible when there are registration deadlines, since supplies or tickets have been purchased.
- *Weather cancellations will be announced on 800 AM/101.1 FM and on the website www.isd2184.net. Classes will not be held when Luverne school is cancelled or dismissed early due to weather.

Office Hours

Monday through Thursday
• 7:45 am - 4:30 pm
Friday 7:45 am - 4:00 pm

INDIVIDUAL REGISTRATION FORM					
Make checks payable to Luverne Com. Ed. and send to 709 N Kniss, Luverne MN 56156					
Class #_	Class or Event	(Size if Needed) _	Fee		
Class #_	Class or Event	(Size if Needed) _	Fee		
Name		Birth Date (thru age 18)	Grade		
Address		City	_ Zip		
Phone Number (home)		(work or cell)	(work or cell)		
Emaillist only if you check frequently					
Driver's License Number (Defensive Driving Class Only)					

İ	INDIVIDUA	AL REGISTRATION FORM		
Make checks payable to Luverne Com. Ed. and send to 709 N Kniss, Luverne MN 56156				
Class #	Class or Event	(Size if Needed)		Fee
Class #	Class or Event	(Size if Needed)		Fee
Name		Birth Date (thru age 18)		Grade
Address		City	_Zip_	
Phone Number (home)		(work or cell)		
Emaillist only	if you check frequently			
Driver's License Number (Defensive Driving Class Only)				

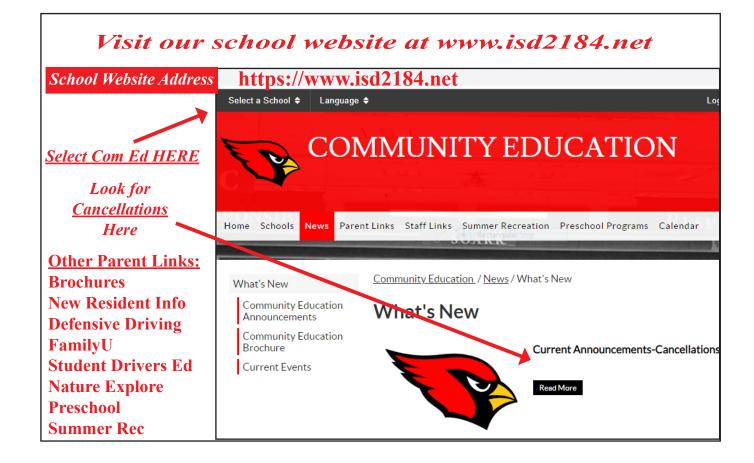
Follow Us on Facebook!

Luverne Community Education
Nature Explore Outdoor Classroom, Luverne MN
Discovery Time Preschool, Mrs. Angie
Discovery Time Preschool- Miss Debbie's Class
Luverne ECFE/Early Childhood Family Education

Great Websites!



Parenting Information by Age Group -- helpmegrowmn.org
Luverne Community Education -- https://comed.isd2184.net/
Discovery Time Preschool --*ajaniszeski.wixsite.com



Minnesota Early Childhood Screening -- Do Ahead of Age 4 Taking Appointments Now for January 31 for Children with birthdays between March 1, 2016 and October 1, 2016

Call <u>283-4724</u> to schedule your appointment time.

- *This Early Childhood Screening is mandated by Minnesota State Law for 3 year old children.
- *Limited spots set up each half hour beginning at 8:00 AM, taking about 90 minutes of time.
- * Consists of fine/gross motor skills, language development, concepts, height/weight, vision, hearing, health history and immunization reviews.
- *Children **who are 4 years of age or older already,** who have not been screened, should call for an appointment. *All children must have this screening prior to attending kindergarten.*
- *To make sure you receive information about screenings, preschool programs, kindergarten round up and to help the district plan for enrollment, families new to the district are asked to call 283-4724 to be added to the school district census.
- *If you have a new baby, please call 283-4724 to add the name to the census.
- *Free developmental screenings are also available for children 0-2 years.

FamilyU After School Child Care (Kdg - Grade 5)

This child care program, which runs year-round for students in grades K- 5, is located in Elementary School Room 210. Care is provided from 3:30 to 5:30 on school days and continues full days during the summer months in conjunction with Community Education's Morning Rec program. No care is provided during holiday breaks, on all-day inservice days or on days when school is dismissed early because of weather.

Children participate in games, arts and crafts, character building and self-esteem activities. Children play outside daily, weather permitting. During the school year, time is set aside for homework and reading. During the summer, field trips, swimming lessons, library outings and more are planned into each week.

Program fee during the school year is \$22/ week. During the summer, rates are \$65/week for the half days during the weeks of Morning Rec and \$100/week for the weeks of full days. There is an additional summer activity fee.



Register at Community Education in May for Morning Rec. Payments are due in advance for every 2 weeks.

Registrations are accepted throughout the year if there are openings. Names may be placed on a wait list for available openings with a 2 week non-refundable deposit fee that will be applied to your first child care payment. First priority is given to year round care, then school year care. On May 11, if there are no summer openings, the deposit fee will be refunded. On September 9, if there are no school year openings, the deposit fee will be refunded. Call 283-4724 with questions.



by Karen Willers, Director Luverne Public School

- *A group of senior citizens work on ipads, learning about using FaceTime....
- *Young moms and dads explore an outdoor classroom with their toddlers before they join an ECFE parent education group to talk about the value of outdoor play for developing brains.....
- *Teenagers spending time during the summer playing baseball, basketball, volleyball.....
- *A grandma and grandchild work together with thick, chunky yarn to make a blanket.....
- *An artist shows adults how to center a clump of clay on a pottery wheel and then form, glaze, and fire it into a beautiful bowl.....
- *Elementary students practice dribbling basketballs.....
- *A group of older adults learn how many car lengths it takes for a car going 55 mph to stop....

......For ALL of these and many other lifelong learning activities, we can say,

"That's Community Ed!" Find your opportunities in the pages ahead!

Watch for the new state-wide logo for Community Ed.

2020 CENSUS: WHATTO EXPECT

By April 1, 2020, households will receive an invitation to participate in the 2020 Census.

You will have three options for responding to the Census:

- Online
- By Mail
- By Phone

Starting in March 2020, you'll receive in the mail either an invitation encouraging you to respond online or a paper questionnaire. The option to respond in Spanish will be available online or by phone.

Every household that doesn't respond will receive reminders in the mail and eventually, a paper questionnaire will be mailed to you. If no response is received by the end of April 2020, a census worker will follow up in person. The enumeration period will end in July 2020. The Census Bureau will begin transmitting population totals in 2021.

For more information, visit www.cityofluverne.org/2020census.











Big Buddies Of Rock County

Big Buddies Needs YOU!

Big Buddies is seeking mentors for children living in our community. Growing up is hard work! A mentor can make the difference as to whether or not a child succeeds in developing the self-esteem and confidence necessary to grow into a healthy, productive adult.

5 Top Reasons to Mentor

- 1. Have Fun
- 2. Gain Personal fulfillment.
- 3. Expose a child to opportunities they might not otherwise have.
- 4. Help a child make better life choices.
- 5. Form a meaningful relationship.

Find out how easy it is to make a difference in a child's life.

For information or an application, contact Stacey Schepel at (507) 920-8856

"A mentoring program making a difference in the lives of Rock County **Kids."**

Does Your Child Need

......another adult role model?
.....to spend more time with peers?

.....fun things to do after school?

.....a more active lifestyle?

The **Child Guide** program's goal is to build assets in children so they can lead a more productive and happy life by connecting them to activities and getting them involved. Child guide will help connect children to different activities, will help with rides to and from activities, and will help pay participation fees.

Contact:

Mrs. Lisa Dinger, Child Guide Luverne Elementary School 283-4497



Periodic Questionnaires
Are Sent To You Asking How Your
Child Is Growing, Playing, Talking,
Moving, And Acting

- A Fun Way To Get Ideas About "What To Teach"
 And "At What Age" To Teach It
- A Good Way To Learn About Your Child's Health And Development
- Receive Sheets With Fun Activities For You To Do With Your Child
- For ages birth through 3 years old



NEW! Online enrollment: https://cfhp.health.state.mn.us/fap/

New Recommendations!



Is it time for a Child and Teen Checkup (C&TC)?
Regular checkups help keep children healthy. Call your doctor today to schedule your child's Child and Teen
Checkup visit.

- ✓ 1, 2, 4, 6, 9, 12, 15, 18, 24 And 30 Months
- ✓ Checkups Are Recommended Every Year Starting at 3 Years Through 20 Years!





1-888-837-6713

Luverne Community Education Discovery Time Preschool

Use September 1 of school year to calculate age as you register.

\$35.00 non-refundable registration fee due with registration.					
Class #:	Teacher	Ages	Days	Time	8 Tuition Payments
S2130	Mrs. Angie	3 Year Old	T/Th Morning	8:30 - 11:15 am	\$118 Monthly*
N2234	Miss Debbie	3/4 Year Old**	T/Th Afternoon	12:45 - 3:30 pm	\$118 Monthly*
N3134	Miss Debbie	3/4 Year Old**	MWF Morning	8:30 - 11:15 am	\$135 Monthly*
S3140	Mrs. Angie	4 Year Old	MWF Morning	8:30 - 11:15 am	\$135 Monthly*
N3240	Miss Debbie	4 Year Old**	MWF Afternoon	12:45 - 3:30 pm	\$135 Monthly*
S5240	Mrs. Angie	4 Year Old***	MTWTHF Afternoon	12:45 - 3:30 pm	\$253 Monthly*

Tuition Subject to Change. Advance payments begin August 15 through March 15 (8 Months). Scholarships for Free/Reduced Fees available by application if state funding is made available. **These classes are made possible with EL Scholarship funding and subject to change if funding is reduced. ***If the 5 day/week class does not meet the minimum enrollment, it will become a 3 day/week class. Students with older siblings in school may ride the school district bus home from afternoon classes.

> There are openings now for Winter 2020. AND Taking registrations now for the Fall of 2020.

Highest 4-STAR Parent Aware Rated

- * Licensed, experienced teachers will collaborate to prepare the curriculum with developmentally appropriate activities using art, stories, songs & more from the Creative Curriculum Series
- *Indoor and outdoor classrooms provide a fun/safe area for children to be challenged with new academic and social learning situations.
- *Access to early childhood special education staff
- *Fun ways for children to learn group skills:

Develop self confidence Adapt to new situations

Get along with others

Listen/pay attention Problem solve Follow directions Learn to share Take turns

*Register now for 2019-20 school year. Use child's age as of 9/1/19



- *Children must complete an early childhood screening within 90 days of enrollment
- **Early Learning Scholarships for free or

reduced fees available for those who qualify

*Legislation requires priority enrollment be given to children with



- greater needs, although most children in the Luverne school district are able to participate.
- *Children may ride school bus home at 3:30 with an older sibling.
- *Some transportation assistance available
- *Students do not need to be *fully* potty trained
- *Pick up registration forms at Community Education. Limited to 20 children/section.

Early Childhood Family Education

Community Education, 709 N Kniss Ave, Luverne, MN

Learn. Play. Connect.

Call 283-4724 to register for ONE session or BOTH 10-week/sessions: WINTER--Weeks of Jan. 7 - Mar. 12 SPRING--Weeks of Mar. 17 - May 21

Parents and children meet in CE Rooms 801 & 802

Tuesday	Thursday
BABIES 8:30 - 10:00 a.m.	TODDLERS Ages 1 - 2 Years
Ages Birth to Walking	8:30 - 10:00 a.m.
PRESCHOOL Ages 2 - 5 years	FAMILY Ages Birth - 5 Years
10:00 - 11:30 a.m.	10:15 - 11:45 a.m.
FAMILY Ages Birth - 5 years 5:30 - 7:00 p.m.	WECKIDSI

Slow life down and enjoy your child. They seem to grow up in the blink of an eye! Take time to create memories at ECFE!

What Happens in an ECFE Parent and Child Class



Class begins with activities for parents and children together.



Parents separate from children for discussion facilitated by a Parent Educator.



Children remain with an Early Childhood Educator for age-appropriate education.



Class ends with circle time for parents and children together.

One Time Classes -- Call 283-4724 to register.

Indoor Playtime 0-5 years

Children ages 0-5 years with a parent are invited to join us for gym time on **Mondays**. Children will be able to run and have fun at St. Catherine Catholic Church Religion Center -- use the northeast doors on McKenzie Street. Use class numbers below to register for these free classes.

Class #211: February 3 5:30 - 6:30 pm Class #311: March 2 5:30 - 6:30 pm

Loc: St. Catherine's Church (203 E Brown)

Fee: No fee, but register by calling 283-4724 to specify which class(es) you will attend.





Kids Brain Health 0 - 5 years

Parents will receive valuable information from Angela Nolz, Integrated Health Therapist, regarding mindfulness, strategies for kids to deal with emotions, anxiety, and more. This is a great opportunity to learn more about mental wellness. If you need child care, please request that as you register.

Class#K27 April 7 10:45 - 11:30 am Class#K29 April 9 11:00 - 11:45 am

Loc: CE 800

Fee: No fee, but register by calling 283-4724

- *ECFE is based on the idea that the family provides a child's first and most important learning environment. Sliding fee scale is used with \$50 maximum/child fee. Fees may be waived by simply asking at the time of registration.
- *Classes are open to all families in Luverne School District with children 0-5 years of age. Families open enrolled to Luverne Schools are also welcome.
- *Please use sibling care for your preschool child not enrolled in the ECFE class. Caring staff provide plenty of TLC for infants through kindergarten age children. Recommended fee is \$2.00 per child per class, but fees may be waived at your request.



Children, ages 2 - 5 years, with a parent are invited to meet Chuck the snake who lives at the Blue Mound State Park. Amber Brooks, park naturalist, will share fun facts about wildlife, plus have activities for the children.

Date: April 14 -- 10:45 - 11:30 am

Loc: CE 801

Fee: No fee, but register by calling 283-4724

Pizza, Pizza, Pizza -- for Grades 1 - 5



Does your child love pizza? Pizza Ranch in Luverne is offering pizza-making classes for the little chef in your house. So put on an apron and let the fun begin! Your child will build a 9" pizza to bake in the pizza ovens. They will enjoy eating their pizza along with a kid's drink. The result is an unforgettable memory, a real sense of accomplishment, plus a full tummy! Kids take their aprons home to continue using their cooking skills at home.

Class #: P127 January 27 Class #: P319 March 19 Class #: P224 February 24 **Class #: P416 April 16**

Instructor: Lila Bauer & Staff Location: Luverne Pizza Ranch, Main Street **Dates: See the 4 Choices Above**

Hours: 4:00 - 5:15 pm Fee: \$15/class



School of Fish

School of Fish is a 2 1/2-hour kids fishing class taught by pro angler and fishing TV show host Mike Frisch. Class is open to **kids from grades 3 and older.** Students learn about lakes. finding fish in those lakes, and some great ways to catch them. They also learn to tie a fishing knot and rig and use a slip-bobber

setup. Every child will receive a rod & reel, \$10 Bass Pro Shop gift card, tackle box & tackle, a full color workbook, and snack pack.

Students will leave this class with the knowledge and skills to go fishing. Students may invite an adult fishing buddy to come at no extra charge.

**St. Catherine Knights of Columbus have provided a donation to lower the registration fee.

Class #: S130

Instructor: MIKE FRISCH

Day: Saturday

Time: 1:00 - 3:30 pm

Location: CE802 Fee: \$30/child **

Professional Fisherman & Guide Date: May 2 receives over \$50 of fishing products.

Each child

Great Father's Day
Gift Idea!

(Each child may invite 1 adult guest to enjoy class time with them.)

The January 25 CE Grades 5/6 Basket-ball Invitational Tournament is an annual event. The income from this event pays for much of the CE basketball program. Volunteer help from the 4th/5th/6th grade parents is essential to its success.

Missoula Theater Camp Sponsored by

Green Earth Players/Palace Theater

Mark the week of **July 13 - 18** on your summer calendars. **Missoula Theater** returns to Luverne bringing the play **Sleeping Beauty.** There are parts for 60 children, kindergarten through age 18, Watch for more details in the summer brochure.

Building & Room Key

ES -- Elementary School

MS -- Middle School HS -- High School

CE -- Community Education

Nature Explore OC -- Outdoor Classroom

Cardinal Gym -- Elementary School

Classic Gym -- High School

Small Gyms -- High School



Volleyball (

Serve, set, spike and pepper!
Students in **grades 1-4** will learn about the game of volleyball and practice the skills in an atmosphere of fun and love for the game! Grades 1 & 2 and 3 & 4 will play on separate courts. Remember to wear tennis shoes!

Class #: V380

Supervisor: Krista Ahrendt,

Sarah DeBeer

Days: Mondays

Dates: April 20, 27, May 4

Hours: 3:30 - 4:45 pm

Sessions: 3

Location: Cardinal Gym

Fee: \$15

Spatlight

Award Winning Studio

Spotlight Dance has received many high point, first place, Grand Champion and special judge's awards at the national and regional level.



Affordable Dance Fees

- *Preschool -35 minute class \$29/month
- *Kindergarten Adult Class \$35/month
- *Deep Discounts Available for Class & Family Savings -\$12.00 additional per child or per class.
- *Register at (612) 210-0857

PLEASE READ: EARLY BIRD DISCOUNT MESSAGE SAVE \$50! ALL GRADES! Register by March 27 for Summer Ball!

Register Now for baseball & softball at the lowest fees. All fees will be \$50 higher after March 27 and extra players added **ONLY** if there is room available on the team.

Girls Minor League Softball (Girls Grades *2 & 3)

This level is **for girls in grades 3 and some** *2nd grade girls. Fast pitch basic skills will be introduced with modified rules using a pitching machine. Volunteer parent coaches needed -- call 283-4724. List t-shirt size.

Class #S203: GIRLS Minor League Time: Games Mon/Wed 5:30 pm

Practice Tues/Thurs 10 am - Noon

Practice Instructor: Staff

Location: Joe Roberts Little League Diamonds on Blue Mound Avenue

Sessions: June 1 - July 1

Fee: \$110 (or \$60 paid by March 27)

Opportunity Grants are available to help with fees. Call 283-4724 for details.



10U & 12U Softball Community Ed Teams

Girls in grades 4-8 -- your age as of January 1, 2020, will be used to fill team spots for 10U & 12U fastpitch teams that travel to Jasper, Baltic, HBC, and Edgerton. Volunteer parent coaches needed--call 283-4724. List t-shirt size.

Class #S204: ComEd Team

Time: Games Tues/Thurs evenings Practice Mon/Wed mornings Sessions: End of May through June Fee: \$110 (or \$60 paid by March 27)

SB Pitchers/Catchers Camp

Girls in grades 3-8 will improve on the fundamentals of pitching and catching in this 3 session camp.

Class #S201

Instructor: Brooks Maurer/Coaching Staff

Dates: Thursdays, March 5, 12, 19

Time: 6:30 - 8:00 pm Loc: So Small Gym

Fee: \$30 (or \$20 paid by Februrary 26)

T-Ball Girls & Boys

(Girls & Boys Grades K, 1, 2)

Boys and girls (grades k, 1, 2) play on separate teams, learning basic skills, beginning with hitting off the T, progressing to coach pitch format. Class meets 45 minutes twice a week at scheduled morning times between 8-10 -- consisting of a practice day and a game day. Schedules will be sent home the last week of school and posted online when available. Choose the correct class below. Late registrations discouraged and accepted only if spots are available.

Class #T110: BOYS M/W mornings Class #T112: GIRLS T/Th mornings

Instructor: Staff

Location: Joe Roberts Little League Diamonds on Blue Mound Avenue

Sessions: June 1 - June 30

Fee: \$75 (or \$25 paid by March 27)

Middle School & High School Boys Summer Baseball REGISTER NOW		
Grade 7 Boys Class #B238 Grade 8 Boys Class #B240	Travel to area towns for over 20 games, including 2 tournaments. Parents provide transportation and coaching. Need jersey size. Begins end of May. M/TH evening gamesW AM practice	\$250 (or \$200 paid by March 27) Give size for jersey wear both 7th & 8th grade years.
Grade 9, 10 Class #J290	Jr. Legion Baseball Born on or after 1/1/2003	\$250 (or \$200 paid by March 27) Give size for
Grade 11, 12 Class #L180	Legion Baseball Born on or after 1/1/2001	jersey wear for 2 years each level.

PLEASE READ: IMPORTANT MESSAGE

EARLY BIRD DISCOUNT SAVE \$50! ALL GRADES!

Register by March 27 for Summer Ball!

Boys Minor League

(Boys Grades 2*, 3 & 4)

This activity is designed for boys in grades 3 & 4 and *advanced 2nd grade boys that have the skills to play with older boys. Pitching machines are used along with modified rules and morning practice is optional. Parents coach games that play at 6:00 or 7:30 pm. List t-shirt size.

Class #B234 Minor League

Time: Games Tues/Thurs evenings Practice Mon/Wed mornings

Practice Instructor: Staff

Location: Joe Roberts Little League Diamonds on Blue Mound Avenue Sessions: June 1 - July 7 (nothing July2) Fee: \$95 (or \$45 paid by March 27)

GRADE 4 BOYS OPTION -- if you have advanced skills & attend all the minor league games, you may also play in the major league. Register for C246--Combo fee is \$110 if openings (or \$60 paid by March 27)

Boys Major League

(Boys Grades 5 & 6)

This activity is designed **for boys in grades 5 & 6.** This program teaches basic skills with modified rules. Morning practices and games are at 6:30 pm. Parents coach. **List t-shirt size.**

Class #B236 Major League

Time: Games Mon/Wed evenings

Practice Tues/Thurs mornings

Practice Instructor: Staff

Location: Joe Roberts Little League
Diamonds on Blue Mound Avenue

Sessions: June 1 - July 1

Fee: \$95 (or \$45 paid by March 27)

Softball & Baseball Associations Have Additional Traveling Teams

In addition to Com Ed, there may be competitive traveling team league play for grades 3-6 for those that want more playing time. These are competitive, play-to-win teams. Playing time is not guaranteed. Students must **participate** in their grade level Community Ed teams as listed on these pages in order to take part in a traveling team. Traveling team registration will be announced in the local newspaper. (Tentative date: March 16) Questions, comments may be directed to don.dinger@monsanto.com or b.maurer@isd2184.net.

Home Alone

Just mention the words "Home Alone," and children think of the excitement depicted in the movies of the same name. The reality, though, can evoke fear and anxiety. Whether left alone for an hour after school or several hours a day during the summer, children should feel comfortable being alone. Students in grades 3 - 6 will learn personal safety tips, tricky people, basic first aid, fire safety, handling the

unexpected, internet safety, gun safety, dealing with loneliness and boredom, storm safety, dealing with siblings as well as trust and honesty. Students can bring a snack.



Class #: H191

Instructors: Samantha Woitalewicz

Date: Monday, March 23 Time: 3:30 - 5:30 pm Location: CE 802

Sessions: 1 Fee: \$25

Easy Crochet Project

Crochet a simple, but fashionable "cloche" (winter hat) with a coordinating scarf in a little more than 2 evenings! This is a perfect project for those who want to learn to crochet, but it is also a unique stitching pattern that those with more experience will also enjoy! Participants will need to bring a crochet hook size G or H and 2 skeins of multicolored yarn -- Red Heart Soft Touch recommended. **Open to grade 5 through adult ages.**

Class #: C262

Instructors: Mary Brown Dates: February 4 & 11

Days: Tuesdays Time: 7:00 - 8:30 pm Location: CE 802

Sessions: 2

Fee: \$17 bring 2 skeins of yarn and

size G or H crochet hook



Don't Sleep Through Life!

Most people wish they could get better sleep. This class offers techniques and strategies to **improve your sleep at night**, so you *don't sleep through life!* Learn how habits, type of bedroom and products can lead to better quality sleep! Strictly informational class.

Class #: D265

Instructors: Joe and Sharon Schomacker

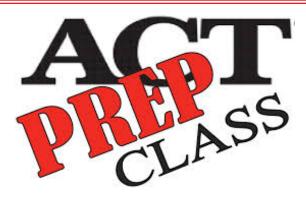
Date: Thursday, April 7 Time: 7:00 - 8:30 pm

Session: 1

Location: CE 802

Fee: \$12





Juniors and Seniors from all area schools welcome at this prep class!

Register by February 14.

Becky Rahm (Math and Science), and Julie Fettes (English and Reading) teach an ACT Prep class **open to all juniors and seniors.** The 16 hours of instruction will include an overview of the ACT test, test-taking strategies, review of each of the 4 content areas, and a full-length **test simulation**, followed by review and discussion of the test. The cost of \$125 for this prep class includes the study guide and other class materials.

The ACT test will be offered at school to the Luverne High School juniors on March 24. National ACT test date is April 4. Students from neighboring districts are welcome to take this prep class. A minimum of 12 students needed for class.

Please **provide an email** when registering to be used by the teachers for communication.

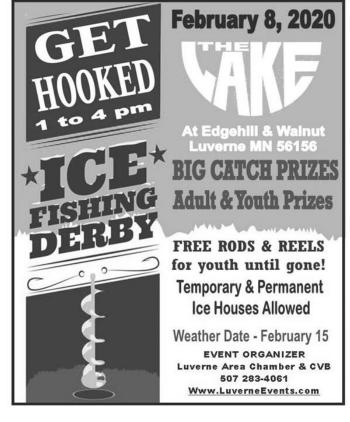
Class #: A139 Instructors: Becky Rahm, Julie Fettes -- LHS Teachers

Sessions: 5 Dates: Monday, February 24, Monday, March 2, Monday, March 9,

Thursday, March 12, Thursday, March 19

Times: 6:30 - 9:30 pm (last class is 4 hours long) Location: HS 240 (Mrs. Rahm's Room)

Fee: \$125 includes study guide & other materials





Playing with Clay Classes

Instructor: Jerry Deuschle Location: Deuschle Art Studio, 1294 131st St Wear work clothes or bring a large apron as you will get dirty!



Raku Saturday

Using glaze, heat, flames and cooling, the raku process transforms a plain gray piece into a glossy jewel! (Open to adults and students but those in grades 3 and under must attend with an adult.) You will start class by choosing and paying the instructor for a piece of pottery bisque from the studio with prices ranging from \$10 - \$30. It is an amazing process to watch, so spectators are welcome to attend at no cost, but please register. Class limit 7.

Class #R121 Time 1:00 - 4:00 p.m. Class #R205 Time 2:00 - 5:00 p.m.

Day: Saturday, April 18 Time: See Choice Above

Sessions: 1

Fee: \$5 + pay instructor for pottery bisque

Throwing on a Pottery Wheel

Participants
grades 9 through
adult will get a basic introduction into the potter's

wheel including clay preparation, centering, opening and forming. Focus is on learning and improving skills not on producing products. Jerry has been a Minnesota West instructor for 15 years. Participants will select one (1) of their items to glaze and fire or pay an extra fee if you choose to fire more pieces. There is a \$10 material fee payable to instructor at first class. Class limit 6.

Class #: T255
Day: Saturdays

Dates: February 1, 8, 15 Time: 1:00 - 3:00 pm

Sessions: 3

Fee: \$30, plus a \$10 material fee paid to instructor on first class date

Hand Building

Participants grade 5 through adult will get a basic introduction to pinch, pull, and slab construction methods. Choose either of the classes below to make a Taco Fish or a Platter or do both! Class limit 9.

CLASS #T130 -- TACO FISH

March 21 & 28

Time: 1:00 - 3:00 p.m. both days

Fee: \$25 plus pay

\$5 materials at class

CLASS #P435 -- PLATTER

April 4 -- 1:00 - 3:00 p.m.

Fee: \$20 plus pay

\$5 materials at class

Youth Cliffline Climbing

for students in grades 4 - 12 <u>register by April 24</u>

Blue Mound State Park has some of the best rock climbing available in the Midwest! Take advantage of this fantastic opportunity to enjoy the park and learn rock climbing from the professional guides of Roca Climbing from Rochester MN. In addition to climbing, there will be knot-tying and geology education provided by Friends of BMSP. Registered participants will be eligible to win gift cards of up to \$200 in value. Family members (including younger siblings) are welcome to come watch! (No cost for the activity, but a State Park sticker required on vehicles or purchase a \$7 day pass.) If your child needs transportation, please contact Child Guide, Lisa Dinger, at 283-4497 or l.dinger@isd2184. net by April 24. This activity brought to you by Friends of Blue Mound State Park, a grant from "Parks & Trails Council of MN," Luverne Optimist Club and Community Education.



Class #: C240 8:00 AM – Noon Class #: C245 1:00 – 5:00 PM Instructors: Roca Climbing and Friends of BMSP Group

Date: Saturday, May 2 (Rain Date: May 23)

Location: BMSP Climbers Parking Lot (south end of park just off Co. Rd 8) Fee: Free, but Vehicles need State Park Annual Sticker or \$7 Day Pass

Online

Cyber Security -- Educate Yourself Now!

- Basic Computer Security--Simple things you can do to protect your information.
- What is Phishing?--How can I tell what a phishing email looks like? What happens when I click on a link or an attachment?
- Breaches--What breaches have happened in the last year due to cyber security? What effect does that have on me? How do I protect my identity and information that was stolen?
- Computer Attacks--What are different ways hackers can steal information or take over a computer? What steps do they take and how do I protect against them.
- Protecting Children from Online Dangers--What parental controls should be in place? Are you familiar with tools to keep them safe (Cisco Meraki), whitelisting, blacklisting, or web filtering?
- Home Security Tips--Learn how to secure anything connected to the internet--including your phone.

Class #: C280 Instructor: Jared Schroeder, FFM Bank Security Analyst Day/Date: Monday, March 16 Time 6:30 - 8:00 pm Loc: CE 802

Fee: No Fee (Blandin Broadband Grant covers) but registration required as seats are limited Call 283-4724 to register.



Student Driver Education Class

This program is licensed by the Minnesota Department of Public Safety.



- *Consists of 30 hours of classroom training and 6 hours of behind the wheel training
- -After completing the classroom portion, at age 15 students take written exam to get their permit
- -After receiving permit, contact Com Ed to set up 6 hours behind the wheel driving with instructor
- **NOTE:** The majority of behind the wheel driving hours are offered during the summer. *If instructors have time,* there may be some after school hours or Saturday hours available during the school year.
- *Open to Luverne School students who complete grade 8 this school year or older
 - -One week prior to start date, out of district students may enroll if there are openings.
- *Appropriate behavior is required. Unacceptable behavior will result in removal from the program. Parents will be contacted, behavior plan and payment for missed hour(s) will be set before student may return. Future immature behavior will result in permanent dismissal with no refund of payment.
- *Students must attend every class day, so check your calendars carefully. Any missed hour must be made up at an additional \$40/hour cost. THERE ARE NO EXCEPTIONS.
- *Parents are strongly encouraged to attend parent class. Attendance does reduce driving log hours. See Parent Class details below.
- *Registrations accepted only with payment -- choice of dates listed below
- *Bring a 3-ring binder to class on the first day.

Class # 101/Session I	Class #102/Session II	Class #103/Session III
Feb. 3, 4, 5, 10, 11, 12, 18, 19, 20, 24, 25, 26, March 2, 3, 4 *If Needed Snow Days March 6 & 10*	June 8 - 12 June 15 - 19	June 8 - 12 June 15 - 19
4:00 - 6:00 pm	9:00 am - Noon	1:00 - 4:00 pm
PARENT CLASS: See below. Choose to attend either February or June meeting.		

Location: HS 217 (use north door--N2) Instructor: Brian Snyders Registrations accepted with fee of \$335

Parent Class for Student Driver Education

Fee: None, but Registration Required

Choose Either Class: February 3 (Class #D201) OR June 8 (Class #D220)

Time: 7:00 pm, Location: HS 217 -- Use North Door -- N2

Experts on young driver behavior strongly agree that more effective parental involvement in supervising novice drivers holds significant promise for further reducing young driver crashes. The State of Minnesota is requiring all student driver education programs to offer an optional, supplemental class to educate parents. Parents taking this 90 minute class will be able to reduce the required 50 hours of supervised student driving down to 40 hours. Open to all parents who have children with permits now or children who will be taking the class. Your parent certificate of attendance is to be presented at the time of your child's driving test. Please register by calling 283-4724. No fee required.

Brain Health/Mental Wellness Educational Sessions

Please join the #Luv1LuvAll local mental health professionals focus group to learn about brain health and mental wellness. This is a FREE educational learning opportunity. We will gather the first Monday of each month (January-May) from 7:00 - 8:00 PM.

This class is intended for Luverne and the surrounding areas -- community members, parents, educators, first responders, farmers, business leaders, law enforcement, health professionals, church leaders, elderly, young adults, and adolescents over age of 16.

WE WELCOME EVERYONE TO ATTEND!

By engaging in these educational sessions, we are working toward ending the stigma associated with conversations about mental health. Please attend to help make your community stronger and healthier.

Each month a different mental health topic will be explored and education on ways to support mental wellness will be provided. Register for these free Monday evening classes by calling Luverne Community Education at (507) 283-4724. Continuing ed credit forms will be available. Please specify if you have transportation or interpretation needs as you register.



Class #M136 January 6 - Mental Health Medication Information

Class #H143 February 3 - Healthy Relationships

Class #E152 March 2 - Eco Therapy/Mindfulness

Class #S266 April 6 - Substance Abuse

Class #S174 May 4 - Social Media/Screen Time/Impacts Today's Society

Day: First Mondays (January through May)

Dates: See Above List Time: 7:00 - 8:00 pm

Location: Luverne Com Ed Room 802

Fee: Free, but please call to register (507) 283-4724







LUVERNE CENTER

START YOUR CAREER TODAY!



A member of Minnesota State.

START CHOOSE FROM OVER 6 PROGRAM OPTIONS!

- Liberal Arts
- Dental Assistant
- Medical Assistant
- Medical Laboratory Technician
- Phlebotomy
- Radiologic Technology
- Surgical Technologywww.mnwest.edu800-658-2330

(f) (9) (6) @ minnesotawest

Pickleball

LEARN the Game

The non-threatening game of pickleball is in Luverne! Attend this introductory class to learn how to play. Think of it as table tennis meets traditional tennis meets badminton! The court is smaller than a tennis court, thus slightly less strenuous. The game is fast moving and so entertaining you won't even realize you are exercising! Class if for adults -- young or old -- singles or doubles. Bring a paddle if you have one.

Class #P115 -- Time 9:00 - 10:30 am Class #P120 -- Time 10:30 am - Noon

Instructor: Greg Antoine

Date: Saturday, January 25 Time: See Choice Above

Loc: HS South Small Gym

Sessions: 1 Fee: \$5*

*Denotes instructor will donate salary to the Opportunity Fund.

PLAY the Game

Register, pay your fee, and come to Pickleball at the designated times below, as often as you like, for one low fee. Church address is 203 E Brown, but use the northeast doors on McKenzie street to get to the gym. Play will move outside to the pickleball court at the school in April.

Class #P125

Instructor: Greg Antoine

Days: Mon/Wed/Fri 8 - 11 a.m.

Thursday 6:30 - 9 p.m.

Dates: January 6 - April 10

Loc: St. Catherine Church Gym**

Sessions: 14 weeks

Fee: \$20*

** NO INDOOR WALKING (below)
NO PICKLEBALL -- DURING FUNERALS.

Funerals announced on St. Catherine website https://www.stscl.org/d37

Com Ed classes are cancelled when school is cancelled due to weather.

Men's Basketball

Men will play five-on-five or three-on-three basketball games. No scores or standings are kept. Drop in players may pay \$5/night which must be paid before taking part that night. **NOTE: This is an adult activity. No children may be brought along.

Class #: B414

Instructor: John Sichmeller

Hours: 6:30 - 8:00 pm Days: Wednesdays Dates: Jan. 8 - Feb. 26

Sessions: 8

Location: Cardinal Gym

Fee: \$20



Walking at Elementary Early Morning & Evenings lk indoors on days when school is in sessi

Walk indoors on days when school is in session in the elementary hallways through the end of April. No charge, but must register and pick up your badge at Community Education. Time: Mornings from 6:30-7:45 am and/or 6-8 pm. Register for class H128.

Walking at St. Catherine's January through April 10

Walk indoors from 8 - 11 a.m. on Mon/Wed/ Fridays at St. Catherine through April 10 -school halls only NOT the church area. Address is 203 E Brown, but use northeast doors on McKenzie Street. No charge, but must register at Community Education--283-4724. No walking if there is a funeral **see note above. Register for class W130.

ABE - ESL - GED Citizenship Classes

Free classes are open to those who are 17 or older and who do not attend any school. You may begin any time. Child care and transportation are available upon request, for daytime classes only.

ABE—Adult Basic Education classes—free online option to work on English skills, study for the GED or prepare for college in the comfort

of your home or local library.

ESL (English as a Second Language): This is instruction to those whose native language is not English. Sometimes referred to as English Language Learning (ELL). ESL classes from the pre-literacy level to the advanced level, help students develop speaking, listening, reading, writing, and grammar skills to communicate effectively and function within successfully their workplaces, communities, and families.

GED (General Educational Development):

This is a program which prepares students to pass the examination for a national high school equivalency diploma that includes a set of five tests (Math, Reading, Writing, Social Studies, and Science).

Citizenship: Preparation for US Citizenship would include preparing an application for citizenship and English language instruction if needed.

ESL Schedule
Monday/Wednesday/Friday
9:00 a.m. - Noon
Child Care available by request.

Community Education Room 802 Instructor: Kathy Fritz Questions: Call 283-4724

GED/ABE by appointment only



Vinyasa or movement melded with breath--energize your body as you stretch and strengthen all of the major muscle groups. This class is appropriate for all levels. Expect to be challenged. Please bring a yoga mat, towel and water. **NOTE: No children may be brought along.

Class Session 1 #: Y200

Jan. 13, 27, Feb. 3, 10, 24, Mar 2

Class Session 2 # Y208 -- March 9 - April 13

Instructor: Stephanie Hoven

Hours: 6:00 - 7:00 pm

Days: Mondays

Dates: See Choice Above

Sessions: 6

Location: ES Multi-purpose area

Fee: \$49

Rock County Master Gardener



16th Annual Plant Sale Saturday, May 16, 2020 Bomgaar's Parking Lot 9:00 AM - 11:30 AM

Gardeners:

Bring your extra pre-priced perennials, annuals, etc. to sell. (*No professional growers.*)

Shoppers:

Get some great buys on plants!

Questions:

Call Cindy at 283-4724.



Luverne Alternative School

Students (grades 9-12 through age 21) are able to earn their high school diploma by completing their course work at our Alternative School. Students may attend on a full time basis or be dual enrolled in the high school. There are options available for those 21 years old and older wishing to further their education. Should you know of a potential student, please feel free to contact Superintendent Craig Oftedahl at 283-8088.

Save Money with National Safety Council Defensive Driving Class!

- *Lower your insurance premium as much as 10% -- ask your insurance company for a quote.
- *Participants must be 55 years of age or older and begin with an 8 hour class.
- *Take a 4 hour refresher class every 3 years to keep the insurance discount in place.
- *No tests to pass, just good information to help you keep your driving skills at their best.
- *Advance registration one week prior to class required -- Call 283-4724
- *Discount of \$5 when paid ahead -- mail to Community Ed, 709 N Kniss, Luverne MN 56156



Full 8 Hour Class -- Register at least 1 week in advance

Class #801: Mondays, April 20 & 27 -- 4 hours each evening -- 5:30 - 9:30 pm FEE: \$30/prepaid or \$35 at class. Location: Luverne CE Room 802

REFRESHER 4 Hour Classes -- Register at least 1 week in advance



Class #581: Monday, January 27 1:00 - 5:00 pm at **Luverne** CE802 **Class # 330**: Monday, March 30 5:30 - 9:30 pm at **Luverne** CE802 Class # 326: at Edgerton Public School -- Thursday, March 26 5:30 - 9:30 pm

FEE: 4 Hour Class \$20/prepaid or \$25/paid day of class

Bring in your current policy for a comparison today!





South Hwy. 75, Luverne, MN • 507-283-8383 or 1-800-258-4471 E-mail: info@Cattnach.com • Website: www.cattnach.com



808 S. Kniss (Hwy 75) P.O. Box 596

Luverne, MN56156-0596

Phone 507-283-2381 Fax 507-283-4688 info@buffaloridgeins.com

buffaloridgeins.com



For All Your Insurance & Investment Needs!

212 South Kniss, Luverne (507) 283-3704 or (877) 631-3704 www.kozlowski-insurance.com Pipestone <u>888-825-33</u>66

The Estenson Company, Inc.

Independent Insurance Agent

Lisa Diekmann



419 E. Main, P.O. Box 868 FAX: 507-283-8405 Luverne, MN 56156 507-283-2386

Toll Free: 866-753-8426 Res: 507-472-8283

MN LIC. #32554

Why Play Mah Jong?

Mah Jong is a fascinating game, comparatively easy to learn. Using tiles, it plays similar to cards with drawing, passing and calling for tiles. The object of the game is to assemble the tiles you draw into one of 15 basic hands and values. The possibilities of shaping any hand into a winning combination are almost unlimited. It is fast-moving and exciting, too, with tension building as several players wait for only one tile to complete their hands. The beauty of the tiles and the high-scoring makes this a pleasurable experience. Limited to 12.

Class #: M125

Instructors: Carol McDonald, Rhonna Jarchow, Lona Klosterbuer, Shirley Klosterbuer

Day: Thursdays

Dates: March 5 & 12

Time: 1:00 - 3:00 pm

Sessions: 2

Location: CE 802 Fee: \$10.00 **



**Denotes instructor will donate salary to the Opportunity Fund.

Magic of Instant Pots

Discover new ways to cook using one of the hottest small appliances – the electric pressure cooker! Did you get one as a gift but are nervous about using it? Do you need some new ideas? We will look at the features of the Instant Pot, provide you with some great guidelines, and show you some delicious and easy recipes to try – from chili to cheesecake and

Class #: M115

Instructor: Heather Johnson
Day/Date: Saturday, February 1

Time: 9:30-11:30 a.m.

yogurt! You will be able to sample these delicious

meals made in minutes.

Sessions: 1

Location: HS 115

Fee: \$24 (includes sampling foods)



The Luverne Schools are in the middle of an exciting building & remodeling project that will enhance the education opportunities for our community for years to come.

Be watching for a major announcement from LELF in early 2020 on how you can be a part of supporting this exciting once in a lifetime school improvement project!!

www.luverneeducationlegacyfund.org

Beginning iPhones & iPads

So now you have an iPad or an iPhone . . . what do you do next? This class is for BEGINNING device users. Learn about the many possibilities available to you and how to best use this technology for your needs. Items covered will include how to save phone numbers, how to take photos and save them, how to FaceTime, how to download an App, and if time, how to use email on your device. Please bring your fully charged device to class, along with your password. Class size is limited to 12 people.

Class #B204: Time 2:00 - 4:00 pmClass #B206: Time 6:00 - 8:00 pm

Instructor: Calla Jarvie

Day/Date: Tuesday, March 17 Time: Choose from times above

Loc: Rock County Community Library

Sessions: 1

Fee: No Fee (Blandin Broadband Grant covers) but registration required as seats

are limited -- call 283-4724.



Laser Etching

Etching Laser or Engraving is a subtractive manufacturing method, that uses a laser beam to change the surface of an object. Common materials

to laser engrave on are wood, plastic and metals. You will have the opportunity to engrave a wood coaster/ornament with your design using this small table top laser engraver that was purchased with a School Foundation Grant. Great opportunity for crafters and hobbyists.

Class #: L254

Instructor: Bill Thompson Day/Date: Tuesday, January 28

Time: 7:00 - 8:30 pm

Sessions: 1

Location: HS 106

Fee: \$15 includes coaster/ornament



Google Sheets Google Drive

Word processing, spreadsheets, drawing, slideshows, calendars photo management and more --we all struggle with functionality and compatability issues with files and software! This class will guide you through Google's free solution so you can spend less time and money to manage your office, calendar or photo needs.

Class #: G208

Instructors: Joe Schomacker Day/Date: Tuesday, January 28

Time: 7:00 - 9:00 pm

Session: 1

Location: ES Computer Lab

Fee: No Fee (Blandin Broadband Grant covers) but registration required as seats

are limited -- call 283-4724.

Google Sheets allows you to create spreadsheets, lists, attendance records, etc. that you can edit and share with others -- all from your computer, smart phone or tablet. Learn how to use table styles and professional looking templates and discover helpful add-ons. Even better, it is all free with a Google account. Participants should have a google account set up prior to class.

Class #: G212

Instructors: Joe Schomacker Day/Date: Thursday, January 30

Time: 7:00 - 9:00 pm

Session: 1

Location: ES Computer Lab

Fee: No Fee (Blandin Broadband Grant covers) but registration required as seats

are limited -- call 283-4724.



Minnesota Twins Trip

Class: #T321 Date: Sunday, July 12 Fee: \$105 Register by June 15

Trip Coordinator: Karen/Mark Willers

We will watch the Twins take on the Toronto Blue Jays at the 1:10 game from seats located in the upper rows of the shaded infield box near 1st base. There will be a breakfast and supper stop. (All meal costs on your own.) Fee includes game ticket and charter bus ride. Tickets go fast for this Twins trip!

Departure Times:

Sioux Falls Active Generations--7:00 am Luverne Com. Ed Parking Lot--7:30 am Worthington Shopko--8:00 am

Evening Drop off: Worthington 8:30, Luverne 9:00, Sioux Falls 9:30



Chanhassen Bus Trip
Saturday, May 9
Fee: \$118
Reserve your seat by April 7!

The Music Man is family entertainment at its best! This musical theatre classic features songs like "(Ya Got) Trouble," "Seventy-Six Trombones," "The Wells Fargo Wagon," "Till There Was You," "Gary, Indiana" and more! Meredith Willson's six-time, Tony Awardwinning musical comedy has been entertaining audiences since 1957. The Music Man follows fast-talking traveling salesman, Harold Hill, as he cons the people of River City, Iowa into buying instruments and uniforms for a boys' band that he vows to organize – this, despite the fact that he doesn't know a trombone from a treble clef. His plans to skip town with the cash are foiled when he falls for Marian, the librarian, who transforms him into a respectable citizen by curtain's fall. Lunch is at 11:00, followed by the show at 1:00 with a supper stop on the way home. (Supper cost on your own.)

Reserve your seat by April 7.

Fee: \$118 includes bus, lunch, theatre (additional supper cost on your own)

Class #: M223 Date: Saturday, May 9 Tour Guide: Karen/Mark Willers

Morning Pick Up: Sioux Falls Active Generations--7:00 am
Luverne Com. Ed Parking Lot--7:30 am Worthington Shopko--8:00 am

Evening Drop Off: Worthington 7:00 pm, Luverne 7:30 pm, Sioux Falls 8:00 pm

Wednesday Wellness Classes

Classes are taught by physical therapist,
Michelle Schuman. The fee of \$5/class* will
be donated to the opportunity fund. Location
is Prairie Rehabilitation at 106 N Cedar Dr.
See classes, dates and times below.

Class #: M127
Manage Back Pain
February 19



Noon - 1:00 pm

Let's do lunch and learn! Bring your own brown bag lunch (dessert will be provided.) Participants will learn exercises and tips to help manage your low back pain!



Class #: M130
Maximize Memory
March 11

5:15 - 6:15 pm

Learn about the normal aging brain and maintaining brain function. Learn techniques to help you remember names, lists, birthdays, appointments, etc. from guest speaker, Aimee Morrill, speech language pathologist, along with Michelle. **REMEMBER**, the place to be at 5:15 on March 11 is here!

Class #: B165
Balance and Falls
April 15

Noon - 1:00 pm

Let's do lunch and learn! Bring your own brown bag lunch (dessert will be provided.) and learn facts and exercises to improve your balance to help prevent falls!

Advance Care Plan

This class is for everyone over the age of 18! Advance care planning is the process of deciding your own future health care. It makes sure your wishes will be carried out if you cannot speak for yourself. Advance care planning can help you and your family be ready in case of a major illness or injury. Sanford's advance care planning coordinator, Kelly Schroer, will present information and answer questions.

Class #: A280

Instructor: Kelly Schroer

Day: Thursday Date: April 16

Time: 7:00 - 8:30 pm

Sessions: 1

Location: CE 802

Fee: \$5**



*Denotes instructor will donate salary to the Opportunity Fund.

"STRIVING FOR EXCELLENCE IN REHABILITATION AND WELLNESS"



Serving The Luverne Community



- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Women's Health Services
- Occupational Health Services

MAKE YOUR APPOINTMENT TODAY!

507-449-2003

106 N. CEDAR STREET

www.PrairieRehab.com



Winter Carnival No School Staff Inservice CE 5/6 Basketball Tournament Early Childhood Screening

rly Childhood Screening Winter Break 6/8 Band/Choir Concert Com Ed Spring Pictures

Kindergarten Conferences Elementary PT Conference HS/MS Conferences

Spring Play Easter Vacation

Summer CE Brochure Published Prom

Spring Band Concert HS Awards Night

Spring Choir Concert

Baccalaureate Last Day of School Graduation

Staff Inservice
Buffalo Days

January 18

January 20

January 25 January 31

February 17

February 27

February 24, 25

March 5 March 5

March 23

March 27, 28

April 10

April 25 April 25

May 8

May 11

May 15 May 17

May 17

Graduation May 24 f Inservice May 26, 27

Buffalo Days June 5-7



Listen every Monday/Wednesday/Friday morning at 7:50 for Cardinal School News on KQAD 800 AM. School board meetings are held monthly every 4th Thursday evening.

*RESIDENTIAL *COMMERCIAL *FARM *TRENCHING



FAULT LOCATING, AERIAL BUCKET TRUCK, FIRE ALARM, DATA WIRING, ELECTRICAL MAINTENANCE, DESIGN BUILD, LIGHTING REBATES, ELECTRIC MOTORS SALES AND SERVICE

BRAD SIEVE, OWNER BRADSIEVE@GMAIL.COM

1479 Rowe Dr • Luverne MN 56156 Phone: (507) 283-4650 Cell: (507) 360-7844



507-283-8711 411 W. Gabreilson Rd Ste.2 Luverne, MN 56156

Luverne@iw.net

NEW

Try 2 weeks free. Call 283-8390 to arrange a time.

Kickstarter Class (Ages 4 & 5) meets at 4:15 - 5:00 pm



Taekwondo Ages 4-Adult

Students will learn:

Courtesy
Integrity
Perseverence
Self Control
Indomitable Spirit

113 1/2 E Main, Luverne Classes meet every Monday and Thursday evening, year round, with family rates available. For more information call 283-8390 on Monday or Thursday evening between 4:15 to 7:30 pm.



Rock County Community Library

201 W. Main St. Luverne, MN 56156 (507) 449-5040

Please join our storytime groups for stories, songs, crafts and more!



Evening Family Story Time

Tuesday evenings from 6:30 - 7 p.m. Jan. 21, 28, Feb. 4, 11, 18, Mar. 3, 10, 17, 24, 31

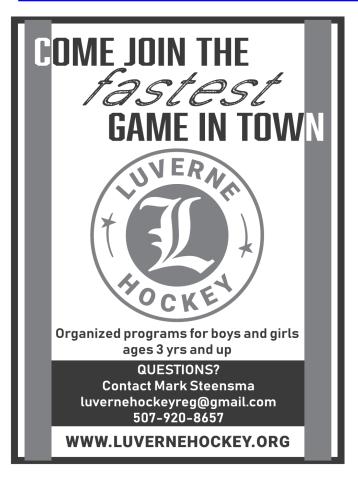
Friday Story Time -- 10:30 - 11:00 a.m.

Open to ages birth - 5 years with an adult on Friday mornings Jan. 24, 31, Feb. 7, 14, Mar. 6, 13, 20, 27, Apr. 3, 10

LIBRARIES = STRONG COMMUNITIES National Library Week -- April 19-25



Be sure to check out the library's facebook and website pages for monthly activities including author visits, trivia night, murder mysteries and more!



54092



Any Large for Medium Charge

Some restrictions may apply.

Additional \$2.00 charge for each stuffed crust.

Extra cheese is an additional charge.

Not valid with any other offer

or with Gluten Free Crust.

Delivery where available and

charges may apply.

Limit 4 Expires: June 30, 2020



- ENGEBRETSON CHAPEL -

"Our Family Serving Your Family with Dignity, Care, and Understanding."

Phone 283-2777

Fax 283-2027

~ Serving the Luverne and surrounding communities. ~

Serving those who have Served.



Join the team at the Minnesota Veterans Home - Luverne.

- Great State of Minnesota insurance benefits
- Competitive pay
- CMS Five Star-rated facility

Call today for more information on career opportunities: 507-283-6211 Or, visit: mn.gov/mmb/careers.

Skating Lessons

Offering-Fall & Spring Sessions

Blue Mound Ice Arena 601 W Hatting Luverne, MN

Learn to skate group classes, hockey skating skills & figure skating classes, private lessons available

www.bluemoundfigureskating.com

Please visit our website for the most current information
Online Registration

Follow us on Facebook-Blue Mound Figure Skaters for Updates
Questions: Katie Kopp 507-227-1999 or Cathy Shearer 712-540-9021

Email: bmfsluv@yahoo.com







Luverne Youth Wrestling

The Luverne Youth Wrestling Club is looking for boys and girls grades PreK-6th Grade.

Wrestling gives our boys and girls a satisfying feeling that they are able to work hard, improve their skills, face challenges, and overcome them.

Please contact any of the following for more information or questions:

Lance Ripka (507) 363-3418 Club President Jenni Hawes (507) 215-1931 Club Vice President Coach Cody Hess (605) 759-5674

Head Start Preschool Program

Ahigh quality, individualized preschool program There is NO COST to families that are accepted.



Proud to use best practices for preparing children for kindergarten

Minnesota 4 Star Parent Aware Preschool
Highest Possible Rating

The learning environment supports each child'sfamily, culture, and community with a variety of learning experiences to encourage academic, social,emotional, physical, self-help and language development.



Serving Murray, Nobles, Rock & Pipestone Register by calling 1-800-658-2444 at the Southwestern MN Opportunity Council office 1106 3rd Ave., Worthington. TTY – 507-372-7279









4-H is a learn-by-doing youth development program delivered throughout Minnesota. Membership is FREE and is open to all youth in Grades K-13.

4-H HAS SOMETHING FOR EVERYONE!

Most Popular Projects: Photography / Crafts & Fine
Arts / Food & Nutrition / Wood & Metal Shop / Clothing &
Textiles / Flower Gardening / Vegetable Gardening /
Horse / Shooting Sports & Wildlife / Livestock

Find out all you can do in 4-H at: www.4-H.umn.edu



University of Minnesota | extension



SCREEN PRINTING EMBROIDERY PROMO ITEMS

207 E. MAIN LUVERNE, MN 56156 888-283-1770 OR 507-283-1770 Email: printexp@iw.net

ON-LINE CATALOGSwww.luvprintexpress.com

Show your school spirit or market your business, we have all your choices under one roof.





CLASSES THAT FIT YOUR PREGNANCY

When you're preparing for baby, Sanford Luverne offers a variety of educational classes to help you feel confident as a new parent.



January 8 February 12

March 18

April 8

May 13

June 10

Understanding Birth

January 18

April 4

June 20

Understanding

Newborns

January 20

April 6

June 22

Optimizing Your Birth Experience

February 10

June 1

Understanding Breastfeeding

February 24

May 18

Infant CPR and Safety

March 16

Baby Gourmet: Baby Food Making

March 23

All classes are held in the Blue Mound Room at the Sanford Luverne Medical Center.

Call (507) 449-1148 for more information or to register.

Sanford Luverne Medical Center 1600 N. Kniss Ave.

SANF#RD

018019-00646 12/19





Luverne Area Aquatics & Fitness

802 N. Blue Mound Ave, Phone: (507) 449-5036

Building & Fitness Hours

Monday-Friday 5am-9pm Saturday 7am-7pm Sunday 1pm-5pm

Open Swim

M,T,W & Th7pm-8:50pmFriday5:30-8:50pmTues & Thurs1:30-3:30pmSaturday1-6:50pmSunday1-4:50pm

Join the Sioux Falls Swim Team BUT practice right here in Luverne! Try it out for 2 weeks FREE! Stop in and talk to Carla the coach, this is a SUPER way to be on a team, yet focus on Individual goals too!!

DISCOUNT DAYZ

EVERYONE <u>SWIMS</u> OR <u>WORKOUTS</u> FOR A \$1.50 TUESDAY & THURSDAY'S



NO MORE EXCUSES!

We have AEROBIC classes for EVERYONE!

Many types of Yoga, TurboKick, TaiJiQuan LOTS of Active Agers (Senior) classes Several Water classes geared for ALL fitness levels!

Give **YOURSELF** the gift of health, call today!

Personal or Group Trainers

Michelle, Carla, Sam

You pick, or combine them, use one, two or maybe all three to attend, or enhance your workouts! Land or Water they will not disappoint!

Learn safe, proper, exercises tailored for you

Call today 449-5036





General Admission

Adults - \$4.00

7 & under (Must be with adult) \$1.50

Seniors (55 years & older) - \$1.75

Pool & Fitness Pass -\$6

Observation only \$1

AMERICAN RED CROSS

PROGRESSIVE SWIMMING LESSONS

We will take registrations for lessons starting January 2, 2020

LESSON COST \$32.00

PARENT CHILD - For children age 6 months to 3 yrs and their parents two levels.

PRESCHOOL AQUATICS – For ages 4 and 5 yrs three levels to complete.

PROGRESSIVE LEARN TO SWIM - 5 yrs & up

Level 1 - Introduction to Water skills

Level 2 – Fundamental Aquatic skills

Level 3 – Stroke Development

Level 4 –Stroke Improvement

Level 5- Stroke Refinement

Level6 – Personal Safety





NOTE: Pre-registration and prepayment is required for all classes. We will NOT TAKE any registrations without payment. Cancellations will NOT be refunded when within 5 days to lesson start date.

Due to Instructor shortages we are unable to offer all levels at each session, and we may opt to combine levels in place of cancelling them.

Private Swim Lessons

There are times when an individual may want to look into private lessons. The Luverne Area Aquatics & Fitness does offer these lessons on a limited basis. The lessons will be based on 10 lessons each ½ hour. Instructor requests will be taken, but cannot be guaranteed.

Cost (10 lessons)
Private 1:1 Ratio \$160
Semi Private 1: 2 Ratio \$260





Lesson Dates & Times

6:15-6:55pm / 9 lessons for 40 minutes

<u>Tuesday & Thursday</u>

<u>Lifeguard Re-Certification</u>

January 7 – February 4
Parent/child, Preschool, Levels 1 2
February 18 - March 17
Levels 3 4 5 6
MARCH 31 – April 28

Parent/child, Preschool



Need to re-certify your LIFEGUARDING BEFORE SUMMER?? Call and register for either March 21st OR May 9th Time: 8am-Done COST \$125.00 Luverne Public Schools 709 N. Kniss Luverne, MN 56156

Return Service Requested

Non Profit Organization U.S. POSTAGE PAID Permit No. 31 Luverne, MN 56156

Postal Customer, Local

For the greatest exposure of your home contact the

Real Estate etrievers

Our real estate company has an aggressive strategy for attracting home buyers to our listings. By distributing your listing information, along with photographs, to a wide array of premier consumer Web sites, we make sure that we maximize every opportunity to attract qualified buyers to the table.

DEB AANENSON REALTOR/BROKER ASSISTANT 507-920-9921

> GENE AANENSON REALTOR/AGENT 507-920-9920

KEITH ELBERS REALTOR/AUCTIONEER 507-920-6131

> JEN ROLFS REALTOR/AGENT 507-227-2985





ALL STATE TEAM
SERVING THE TRI-STATE AREA

Luverne Office 507-283-4216 Hills Office 507-962-3433

